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The Complete
BEETHOVEN
Workout

35 Technical Exercises
for Pianists



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BEETHOVEN

COMPLETE WORKOUT

35 EXERCISES

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The Complete Beethoven Workout: 35 Technical Exercises for Pianists

For Agility, Clarity, and Strength in the Style of
Beethoven

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Introduction

The Beethoven Virtuoso Workout: 35 Exercises to Build His Signature Technique

Ludwig van Beethoven could transform the simplest fragment into a blazing run that sounded impossibly complex. He would weave angular lines, leap across the keyboard, and explode into passages that seemed beyond human hands. Yet to Beethoven, these weren't random bursts of genius — they were ideas he could summon at will, in any key, because he had already solved the technical and musical puzzles behind them.

This book is designed to give you that same fluency.

Watch the video tutorial here (click on the QR-Code or use your device's camera)



Why 35 Exercises?

We've created 35 targeted drills, each distilled from real runs found in Beethoven's sonatas and piano concertos. Rather than practicing generic patterns, you'll be training directly on the musical DNA of Beethoven's writing — from arpeggio chains and bi-triadic hexatonics, to chromatic anchored lines, descending ladders, and more.

Each exercise takes what looks like a daunting Beethoven passage and reveals its skeleton — the underlying structure of triads, scales, and patterns that makes it playable and composable. When you master that skeleton, you'll be able to build Beethoven-like lines of your own, just as he did.

Practicing With Tessitura Pro Scales

If you use [Tessitura Pro Scales](#), you can practice every exercise in this book interactively:

- **All 12 Keys** – Each drill is mapped around the circle of fifths, so you'll internalize it everywhere on the keyboard.
- **Auto-Increase Tempos** – Start slow and let the app raise the tempo as you progress.
- **Progress Tracking** – Tessitura Pro saves your highest achieved tempo for every exercise.

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- **Instrument Panels** – Switch between Piano Bass, Treble, or Grand to match the range of each figure.
- **Lesson Mode** – Track your progress long-term, or use Free Mode for open exploration.

This integration turns the book into a complete interactive practice system where your growth is organized, measurable, and consistent.

One Hand at a Time... Or Both

Each exercise is notated for either the right or left hand, allowing you to focus on one side of the keyboard and build the strength and control Beethoven's music demands.

For an added challenge, try playing the patterns in contrary motion or parallel motion with both hands. Many of Beethoven's runs are surprisingly symmetrical, which makes them perfect for mirrored drills that stretch your coordination and push your limits.

A Mindset for Mastery

As you work through the 35 exercises, remember: **don't just play the notes — understand the move.**

Beethoven could improvise these runs on the spot because he understood their inner logic. He knew the harmonic and melodic skeleton behind every flourish.

Ask yourself as you practice:

- What chord is being outlined?
- What pattern or intervallic shape drives this line?
- How does the step-skip structure create momentum?

When you practice with this mindset, you're not just building speed — you're building recognition. The next time you encounter one of these patterns in a Beethoven concerto, it won't feel like chaos. It will feel inevitable.

The Goal

By the end of this workout, Beethoven's ferocious runs will no longer seem mysterious. You'll develop:

- Faster, cleaner fingerwork and stronger articulation

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- A deep understanding of Beethoven's harmonic and melodic language
- The ability to learn his music faster and more confidently
- A practical, structured routine that links historical repertoire to modern tools

Instead of slogging through random drills, you'll be practicing the very patterns that gave Beethoven his voice — patterns that will supercharge your technique and creativity.

How to Use This Book

- **One Hand at a Time** – Master the notated hand first, then try swapping or combining hands for advanced practice.
- **Practice in All 12 Keys** – Cycle through the circle of fifths methodically, or let Tessitura Pro do it for you.
- **Tempo and Progression** – Start slow, focus on clarity, and gradually increase the tempo.
- **Understand the Harmony** – Every drill is a real Beethoven passage. Analyze what chords and cadences are implied.
- **Suggested Daily Routine**
 - *Warm-Up (5–10 min)*: Review 2–3 familiar exercises.
 - *Focused Practice (20–30 min)*: Work through a new exercise in a few keys, then all twelve.
 - *Application (10 min)*: Find that figure in an actual Beethoven sonata or concerto.
 - *Optional Challenge*: Try mirrored or contrary motion for added difficulty.

Your Path to Mastery

These 35 exercises are not just about playing faster — they're about thinking like Beethoven. Once you see the patterns behind his runs, they stop being intimidating and start feeling inevitable.

With consistent practice, they'll become part of your own musical language — ready to leap from your hands the next time you sit at the piano.

This is your complete Beethoven technical workout: **35 exercises, all keys, one mindset — Beethoven's.**

Now, let's begin.

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13. Beethoven Angular Hexatonic 1

Mixolydian Omit 2

D Mixolydian Omit 2



G Mixolydian Omit 2



C Mixolydian Omit 2



F Mixolydian Omit 2



Bb Mixolydian Omit 2



Eb Mixolydian Omit 2



Ab Mixolydian Omit 2



Db Mixolydian Omit 2



F# Mixolydian Omit 2



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B Mixolydian Omit 2



E Mixolydian Omit 2



A Mixolydian Omit 2



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D#^o
B7

G#^o
E7

C#^o
A7

F#^o
D7

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