



mDecks Music



The Complete
MOZART
Workout

35 Technical Exercises
for Pianists



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The Complete Mozart Workout: 35 Technical Exercises for Pianists

For Agility, Clarity, and Strength in the Style of Mozart

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Introduction

The Ultimate Guide to Mozart: A Complete Technical Workout

Wolfgang Amadeus Mozart could compose a piano concerto in just a week, then perform it flawlessly by Saturday for his patrons—often for Baron Gottfried van Swieten. For most of us, the thought of learning an entirely new Mozart concerto in a matter of days seems impossible. How did he achieve such fluency?

The answer lies not just in some superhuman gift, but also in preparation. By the time Mozart sat down to write and perform, he had already solved the technical puzzles behind his brilliant runs and embellishments. What sounds to us like a dazzling, ornate passage often felt to him like a simple skeleton under the fingers—a straightforward line dressed in flourishes that had become second nature.

This book is designed to give you that same fluency.

Why 35 Exercises?

We've wrote *35 targeted drills* that isolate the most important technical figures in Mozart's music. Each one distills a real Mozart run or embellishment into an exercise you can master in **all twelve keys**. Instead of practicing generic patterns, you'll be training directly on the musical DNA of Mozart's writing: cadential 6-4s, neighbor-tone chains, scale "ladders," skips, turns, and more.

These exercises aren't just about speed and dexterity. They're about understanding the harmonic and melodic foundations beneath each run. By connecting technique to harmony, you'll not only play faster and cleaner—you'll also learn Mozart's language from the inside out.

Practicing With Tessitura Pro Scales



If you own [Tessitura Pro Scales](#), you can practice every exercise in this book in an interactive way. The app makes the process seamless:

- **All 12 Keys** – Each drill is mapped across the circle of fifths, so you'll internalize it everywhere on the keyboard.
- **Auto-Increase Tempos** – Start slow, and Tessitura Pro automatically raises the tempo as you progress.
- **Progress Tracking** – The app saves your last achieved tempo for every exercise.

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- **Instrument Panels** – Switch between Piano Bass, Piano Treble, or Piano Grand to match the range of each pattern.
- **Lesson Mode** – Track your progress long-term, or use Free Mode for open exploration.

This integration turns the book into a fully interactive practice environment, where your improvement is measured, organized, and consistent.

One Hand at a Time... Or Both

Each exercise is written for either the **right hand** or the **left hand**. This allows you to focus on one side of the keyboard, building the precision Mozart's music demands.

For an extra challenge, you can mirror the exercises with both hands—playing them in contrary motion or in parallel. But be warned: some patterns that feel natural in one hand become extremely demanding in the other. Use these mirrored versions as advanced drills to push your limits.

A Mindset for Mastery

As you work through the 35 exercises, keep one principle in mind:

Don't just play notes—understand the move.

Ask yourself at every step: *What's really happening harmonically and melodically?* A broken arpeggio, a sequence of neighbor tones, a cadential figure—each run is more than just a series of finger motions. It is a structural element in Mozart's musical vocabulary.

When you train with this mindset, you're not only building technique—you're building recognition. The next time you encounter one of these figures in a Mozart sonata or concerto, it won't feel foreign. It will feel natural, almost inevitable, just as it did for Mozart.

The Goal

By the end of this workout, Mozart's virtuosic lines will feel far less intimidating. You'll develop:

- Cleaner articulation and faster fingerwork
- A deep understanding of Mozart's harmonic motion
- The ability to learn his works more quickly and confidently

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- A practical, structured routine that connects historical repertoire to modern practice tools

Instead of slogging through endless, generic drills, you'll be practicing the very patterns that defined Mozart's style—patterns that will make his music come alive under your hands.

This is your complete Mozart technical workout: **35 exercises, all keys, one language—Mozart's.**

Now let's begin.

How to Use This Book

This collection is meant to be both **practical** and **adaptable**. The 35 exercises are carefully notated in ranges that make sense for the piano, but you are not locked into those exact octaves. When transposing each drill through the keys, feel free to **shift octaves** if a figure becomes awkward, cramped, or too low/high for comfort. What matters most is that you retain the intervallic relationships and harmonic meaning of the exercise—not that every key sits in the same octave.

One Hand at a Time

- Each exercise is written for **either the right hand or the left hand**.
- Begin by mastering the exercise with the hand indicated.
- For an additional challenge, **swap hands** or play both simultaneously. Some patterns become far more demanding when reversed—use those as advanced drills to stretch your technique.

Practice in All 12 Keys

Every exercise is designed to cycle through the entire circle of fifths. This is essential, because Mozart didn't write in only C major or G minor—you need to internalize his figures in every tonal setting.

- **Without Tessitura Pro:** Work methodically around the circle of fifths, one or two keys per day. Keep a notebook or practice log so you remember where you left off.
- **With Tessitura Pro Scales:** Load the exercise, enable *All Keys*, and let the app guide you seamlessly through the cycle while tracking your progress.

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Tempo and Progression

- Always start slowly enough to play cleanly and evenly.
- Gradually increase tempo, using a metronome or Tessitura Pro's *auto-increase* feature.
- Focus on *clarity before speed*. The goal is to make Mozart's patterns feel natural under your fingers—not rushed or sloppy.

Understanding the Harmony

Every drill is drawn from real Mozart passages: cadential figures, neighbor tones, “ladders,” broken arpeggios, and more. Don't just memorize the fingerings—**analyze the harmonic motion**. Ask: *What chord is being outlined? What cadence is implied?* The more you see the underlying skeleton, the easier it becomes to recognize and play Mozart's runs in context.

Suggested Daily Routine

1. **Warm-Up (5–10 min):** Review a few previously mastered exercises at a comfortable tempo.
2. **Focused Practice (20–30 min):** Choose one new exercise, work through it slowly in a few keys, then cycle through all twelve keys.
3. **Application (10 min):** Take the figure you just practiced and look for it in an actual Mozart sonata, concerto, or variation set. Connecting the drill to repertoire makes the exercise stick.
4. **Optional Challenge:** Try swapping hands or playing the exercise in parallel octaves for added difficulty.

Your Path to Mastery

The purpose of these 35 drills is not to overwhelm you with patterns, but to give you a **toolbox of Mozart's technical language**. As you cycle through them, they will gradually stop feeling like “exercises” and instead feel like **familiar shapes**—shapes that will leap naturally into your hands the next time you encounter a Mozart run.

Whether you're practicing with pencil-and-paper notation or with the interactive tools of Tessitura Pro, this book is your structured roadmap to building Mozart's technique into your own playing.

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1. Mozart

Ionian

F Ionian



Bb Ionian



Eb Ionian



Ab Ionian



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Db Ionian

Two staves of musical notation for the Db Ionian scale in 4/4 time. The first staff contains the first eight notes of the scale: Bb, C, D, Eb, F, G, Ab, Bb. The second staff contains the last four notes: C, D, Eb, F, followed by a double bar line.

F# Ionian

Two staves of musical notation for the F# Ionian scale in 4/4 time. The first staff contains the first eight notes: F#, G#, A#, B, C#, D#, E#, F#. The second staff contains the last four notes: G#, A#, B, C#, followed by a double bar line.

B Ionian

Two staves of musical notation for the B Ionian scale in 4/4 time. The first staff contains the first eight notes: B, C#, D#, E, F#, G#, A#, B. The second staff contains the last four notes: C#, D#, E, F#, followed by a double bar line.

E Ionian

Two staves of musical notation for the E Ionian scale in 4/4 time. The first staff contains the first eight notes: E, F#, G#, A, B, C#, D#, E. The second staff contains the last four notes: F#, G#, A, B, followed by a double bar line.

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22. Mozart

Ionian

C Ionian



F Ionian



Bb Ionian



Eb Ionian



Ab Ionian



Db Ionian



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F# Ionian



B Ionian



E Ionian



A Ionian



D Ionian



G Ionian



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